



ATRA Affiliate Chapter
www.njepa-tra.com

June/July 2010 E-mail Blast Newsletter

In this issue:

- President's Message
- Board Update
 - 2010 Treasury Opening
 - Nominations for 2011 Board of Directors
- Education Update
 - Education Committee Chair Update
 - Spring Workshop Survey Results
- Membership Update
- Educational Opportunities
- Awards/Scholarship Opportunities
- YOU are needed...Get Involved!

President's Message:

Dearest NJ/EPA TRA Members and Friends,

Here's hoping that you recently celebrated National Therapeutic Recreation week this July 11–17 at your workplace and beyond. Celebrating TR Week provides an opportunity to spotlight and gain recognition for the valuable TR programs and services that you provide to your clients everyday! This year, the NJ/EPA TRA Fundraising Committee along with Board support organized an awesome social and fundraiser to end TR week in style. Over 30 tickets were sold for this year's event to see the Trenton Thunder (NY Yankee affiliated) minor league baseball team play the Reading Phillies (Philadelphia Phillies affiliated) at Waterfront Stadium in Trenton, NJ. What an invigorating way to end TR week amongst peers, colleagues, and supporters of Therapeutic Recreation!

Special thanks goes out to Marlene Rivera, who worked extremely diligently in her collaboration with Trenton Thunder in planning for this event. Also, a great big THANK YOU in appreciation to all members who advertised the event, purchased tickets, donated money towards our fundraising efforts, and/or attended the game! I easily believe that we can continue to grow this event into an annual tradition for NJ/EPA TRA to strengthen ties between the membership, our colleagues, and friends of the profession and also make a few dollars in support of our annual student and professional scholarship opportunities.

If you did not celebrate TR week within your workplace or alongside NJ/EPA TRA this year, please visit NCTRC's website and view their May/June Newsletter by visiting <http://nctrc.org/newsletter/MayJune2010.html> - 2. There you can learn about the significance of National TR Week, find resources including a TR Week flyer for promotional use, discover ATRA marketing suggestions on how show your public support of the TR profession during TR Week and beyond, and see much more.

Furthermore, though the recent hot and humid weather felt at the NJ/EPA TRA TR Week social combined with those short but mighty rain showers that have been getting my feet drenched on the way home from work tell me that we are still amidst the dog days of summer, the NJ/EPA TRA Board of Directors and Education Committee are starting to gear up in preparation for our Annual Fall Conference.

Please take a moment to read the June/July E-mail Blast Newsletter in its entirety to find out about additional opportunities to increase your involvement by taking advantage of educational opportunities to attain CEUs, learning about available awards and scholarships, and finding out ways that the Board and Committees can currently use your help.

Respectfully yours,

Heather J. Burket, Ed.M., CTRS, CCLS
2010 NJ/EPA TRA President

Board Update:

- ❖ **Treasury Position remains unfilled:** If you are interested in assuming this role or would like to receive a copy of the role responsibility description to look through, please contact our Nominations Chairman, Erin Moore, at moore.erin.k@gmail.com. We are willing to train interested candidates. This would be great experience without the lengthy commitment for someone who thinks they might be interested in a nomination for an open position on the 2011 Board of Directors. Our continued thanks to Anne Richard, our President-Elect for fulfilling the responsibilities of the Treasurer in the interim!
- ❖ **Nominations for the 2011 Board of Directors:** The 2010 Board of Directors and Nominations Committee is now accepting nominations for our 2011 Board of Directors Ballot. Open positions include NJ Member at Large, Treasurer, and President-Elect. Please e-mail Heather Burket at hkaten@gmail.com if you would like to see a copy of the role description for any of the above positions. If you are interested in nominating yourself or would like to nominate someone you know for a position on the 2011 Board of Directors, please e-mail Erin Moore at moore.erin.k@gmail.com. All candidates will be considered and will be asked their intent to serve prior to being placed on the ballot.

Education Update:

- ❖ **Education Committee Chair Update:** Due to personal reasons, Suzanne DeMauro has requested to step down from her position as the 2010 Education Committee Chairperson. Erin Moore, our Board Past-President will be filling the position and will be taking the lead in planning our 2010 Fall Conference. Thank you Erin for stepping into this role!
- ❖ **2011 Spring Workshop Survey Results are here!** 57 members (44% of our membership) chose to participate in our Second Spring Workshop Survey this May. 55 of these participants were interested in participating in a future Spring Workshop. Most participants would prefer the workshop occur on a weekday in March or April. The preferred location was Philadelphia Metro. Participants would generally prefer a broader, modalities based theme. **THANK YOU TO ALL PARTICIPANTS WHO RESPONDED TO THIS SURVEY!**

Membership Update:

Visit <http://www.njepa-tra.com/membership.htm> to print out our membership application. Membership is for the calendar year, January through December, and dues remain reasonable at \$25 annually for professional members and \$15 for our student members. Thank you for your continued support of your ATRA Chapter Affiliate!

Have you had a recent address, e-mail, phone number, or name change? Please e-mail Patrick Cahill, CTRS at cahill829@aol.com with your former and current information so that you may continue to receive all of your member benefits.

Are you celebrating an exciting milestone in your life that you would like to share with your colleagues? Perhaps you have news of an engagement, marriage, new baby, graduation, new job, first home, etc...? NJ/EPA TRA would be glad to acknowledge your personal and professional achievements and celebrate with you by posting a congratulatory message within our next e-mail blast newsletter. Please e-mail Heather Burket at hkatn@gmail.com with the milestone achievements that you would like us to share with fellow members.

Congratulations to Sarah Telthorster on her new position at the Abraham Center for Jewish Life in North Wales, PA!

NJ/EPA TRA would like to thank the following members for either joining NJ/EPA TRA or renewing their membership in May/June for the 2010 Calendar Year (Applications processed after July 9th will be recognized in the August/September E-mail Blast Newsletter).

*Susan Kaggen-Bunkin, CTRS
Pamela Keely, CTRS
Trina Drayton, CTRS*

We are currently **131** members strong and growing! Do your part and encourage your peers to join/renew!

Educational Opportunities:

ATRA Series E Webinar: ‘Session E1: The Impact of Residential Camps on Adolescents with Physical Disabilities’

Speaker: Alejandro Gallardo

Wednesday, August 11, 2010 1:00-2:00 pm

<https://secure.confertel.net/tsregister.asp?program=ATRA-E2010>

ATRA Series D Webinar: ‘Session D2: Assessing the Geriatric Client’

Speaker: Jo Lewis, MS, CTRS

Wednesday, August 18, 2010 1:00-2:00 pm

<https://secure.confertel.net/tsregister.asp?program=ATRA-D2010>

“But We Aren’t Old!” Targeting the Younger Residents in Your Long Term Care Facility (0.2 CEU per session)

Speaker: Robin Wexler, CTRS

August 19, 2010 11:30am-2:00 pm

Registration required by August 5

Cedar Manor- Cedar Lane, Ossining NJ 19562

<http://nystra.org/documents/2010brochureupdated.doc>

ATRA Series E Webinar: ‘Session E2: Coverage for Recreational Therapy Active Treatment’

Speaker: Tim Passmore, CTRS, Ed.D.

Wednesday, September 8, 2010 1:00-2:00 pm

<https://secure.confertel.net/tsregister.asp?program=ATRA-E2010>

ATRA 2010 Annual Conference

@ the Doubletree Hotel Spokane Center City and Eastern Washington University
Spokane, WA
September 12-15, 2010

<http://atra-online.com/displaycommon.cfm?an=1&subarticlenbr=68>

ATRA Series D Webinar: 'Session D3: Let's Talk About Sex and Dementia'

Speaker: Sharon Nichols, CTRS/L
Wednesday, September 22, 2010 1:00-2:00 pm

<https://secure.confertel.net/tsregister.asp?program=ATRA-D2010>

'Cooking Activities for Groups and Individuals in Therapeutic Recreation Activities' (0.2 CEU per session)

Speaker: Robin Wexler, CTRS
October 14, 2010 11:30am-2:00 pm
Registration required by September 30
Cedar Manor- Cedar Lane, Ossining NJ 19562

<http://nystra.org/documents/2010brochureupdated.doc>

ATRA Series E Webinar: 'Session E3: This is Your Brain on Autism'

Speaker: Phillip Pengelly
Wednesday, October 20, 2010 1:00-2:00 pm

<https://secure.confertel.net/tsregister.asp?program=ATRA-D2010>

New England Therapeutic Recreation Association 2010 Fall Conference

@ The Southeastern Regional @ Education Service Center (SERESC) in Bedford, New Hampshire
November 4-5, 2010

<http://www.newenglandtra.org/conference.htm>

New Jersey/Eastern Pennsylvania Therapeutic Recreation Association 13th Annual Fall Conference: "REConnecting with our Resources, Collaborating with our Teams"

@ the New Jersey Hospital Association Conference Center in Princeton, NJ
November 8-9, 2010

<http://www.njepa-tra.com/continuingeducation.htm>

'Managing Challenging Behaviors in Dementia Care'. (0.2 CEU per session)

Speaker: Robin Wexler, CTRS
December 16, 2010 11:30am-2:00 pm
Registration required by December 5
Cedar Manor- Cedar Lane, Ossining NJ 19562

<http://nystra.org/documents/2010brochureupdated.doc>

ATRA Annuals in Therapeutic Recreation

ATRA Annuals are collections of research articles and post-tests. These are available for CEU credit up to five years after publication. Members may view electronic versions as membership benefit.

<http://atra-online.com/index.cfm>

NCTRC presents SPECIALTY CERTIFICATION...the next level of Professional Recognition.

Areas of recognition include Physical Medicine/Rehabilitation, Geriatrics, Developmental Disabilities, Behavioral Health, and Community Inclusion Services. Please visit the link below for eligibility requirements.

<http://nctrc.org/SpecCert.htm>

Join ATRAnet

ATRAnet is a forum established by Oklahoma State University's Therapeutic Recreation Program to promote discussion regarding issues facing the profession of Therapeutic Recreation. ATRAnet is endorsed by the American Therapeutic Recreation Association (ATRA). ATRA is committed to assisting Oklahoma State University faculty in monitoring content using ATRA members' expertise. While ATRA endorses this website, it nor Oklahoma State University are responsible for the content and information shared on ATRAnet. ATRA encourages all ATRAnet members to verify facts/materials from other credible sources before making decisions. Official ATRA positions will be posted on ATRA's website.

To Subscribe to ATRAnet: Send email to: LISTSERV@LISTSERV.OKSTATE.EDU. In first line of message: type "SUBSCRIBE ATRANET-L"

The Rules for this listserv are:

1. Only subscribers may post on ATRAnet. This will cut back on spam, viruses, etc.
2. Attachments must be smaller than 250K. It is suggested that you type the majority of text in email and send attachment to individual users.
3. We do not allow advertising with the exception of information that could be useful to other subscribers for practice, educational or research purposes.
4. All subscribers must be respectful of other members in the course of dialogue.

ATRA and Oklahoma State have the right to remove individuals from ATRAnet if a person violates the rules.

Helpful hints to remember when joining a listserv:

If you are switching email addresses unsubscribe from the first email address and re-subscribe from the new address.

Make sure your virus protection system (Norton, McAfee etc) is updated frequently to protect your computer from viruses.

Please visit our website at <http://www.njepa-tra.com/continuingeducation.htm> for other local CEU opportunities.

Would you like to advertise another Educational Opportunity that you know of on our website or within our e-mail blasts? Please share your information with our Communication Committee Chairman, Lucy Orr Tomczynski, CTRS, CCLS at lucyctrs@msn.com.

Award/ Scholarship Opportunities:

NJ/EPA TRA Professional and Student Scholarships- NJ/EPATRA offers two student scholarships and one professional scholarship to attend our Annual Fall Conference. Recipients of these conference grants will be entitled to free registration and partial hotel accommodation at the 13th Annual conference scheduled for November 8th and 9th at the NJ Hospital Association Conference Center in Princeton, NJ. This registration includes more than an opportunity to observe quality educational sessions. It also includes unique networking opportunities with professionals in the field, conference/educational materials, parking, meals and snacks. These scholarships are "working scholarships". Volunteer duties may include serving as a room host/CEU monitor, assisting with registration or performing other conference duties. Student grantees will be expected to serve on the NJ/EPA TRA Board for one year as student ad hoc member, choosing to either assist in a committee role or to highlight your conference experience by submitting a brief e-mail blast article sharing your experience and how you have benefited from attendance and involvement within NJ/EPA TRA. The TR practitioner recipient will be asked to do both of the above, becoming involved in an NJ/EPA TRA committee during 2010 as well as by submitting an article to go out to our members in one of our e-mail blasts. Continue to check the NJ/EPA TRA website at <http://www.njepa-tra.com/continuingeducation.htm> for applications and information regarding application deadlines which will be posted this August/September.

YOU are needed...Get Involved:

- ❖ **Request for Conference Planning Volunteers:** We are looking for some willing members who would be interested in getting involved in small but significant closer to our Fall conference this September and October, by offering their assistance as needed. Tasks might include creating a flyer, stuffing packets, making name badges, etc... If you have some free time and are interested in learning more information about available ways to getting involved in our Fall Conference planning, please send Erin Moore at e-mail at moore.erin.k@gmail.com.

- ❖ **Request for Silent Auction/Raffle Items:** It's that time of year again! Time to start scouting for donations toward our highly anticipated Fall Silent Auction and Raffle. In years past, we have received items such as TR and collegiate spirit-wear, themed gift baskets, restaurant gift certificates, gift cards, theatre and sporting event tickets, and home décor. Do you have any friends or family that own or manage a restaurant or retail store? Do you have any new gift-type items lying around the house that you will never use? We also need baskets, basket fillers, clear basket wraps, ribbons, scotch tape, and brown lunch bags to put raffle tickets in. Please contact Marlene Rivera at marlene.ctrs@gmail.com if you have any questions related to accepted donations, to request a fundraising form letter to solicit donations from organizations you are affiliated with, or to arrange a pick-up date/time for items.

- ❖ **Call for Papers: 2010 NJ/EPA TRA Fall Conference, "REConnecting with our Resources, Collaborating with our Teams" (Deadline for Submission: August 30th):**
 - Do you have knowledge to share? Consider earning CEUs while presenting at this year's Fall Conference, which will be held on November 8 & 9, 2010! We are looking for presenters (both old and new) on a variety of topics. Presenters or co-presenters from other disciplines are welcome.

 - Not sure what to present on...consider the following suggestions:
 - How can we reconnect with our professional resources on a local and national level? (professional associations, legislative topics, local TR programs)
 - What are the tools of our trade (APIE, Standards of Practice, documentation)?
 - How can we communicate more effectively with clients, peers, and supervisors, and how are we collaborating with other disciplines?
 - How are we working with the community, and how are we working within the community?

 - Think creatively...these suggestions are only the beginning. Put your own spin on our theme: REConnecting with our resources, collaborating with our teams
 - Contact Erin Moore at moore.erin.k@gmail.com or Susanne Lesnik-Emas at slesnik@temple.edu with questions or to discuss a presentation idea.
 - Please visit our website at <http://www.njepa-tra.com/continuingeducation.htm> to view and print our call for papers proposal guidelines. The deadline for presentation proposal submission is August 30, 2010.

- ❖ **ACCESS SPORTS Wiffle Ball Fundraiser at Campbell's Field, home of the Camden Riversharks on 9/18/10:** Help ACCESS SPORTS raise funds for individuals with mental health and/or physical disabilities. To find out more about ACCESS SPORTS mission and how you can support their latest fundraiser, visit <http://www.access-sports.org>.